

Tendoslash RH Softgel

Rose Hip Extract 250 mg + Collagen Peptide Type-2 40 mg + Sodium Hyaluronate 30 mg + Vitamin C 35 mg + Chondroitin 200 mg Softgel

Category: Joint Health Supplement / Anti-Aging / Skin & Connective Tissue Support
Dosage Form: Softgel Capsule

Description:

The Rose Hip Extract 250 mg + Collagen Peptide Type-2 40 mg + Sodium Hyaluronate 30 mg + Vitamin C 35 mg + Chondroitin 200 mg Softgel combines potent ingredients that support joint health, skin elasticity, and connective tissue maintenance. This unique formula is designed to provide comprehensive care for joint mobility, skin hydration, and overall tissue regeneration. The synergistic action of these ingredients helps promote healthy cartilage, improves joint flexibility, and aids in reducing signs of aging.

This softgel is ideal for individuals experiencing joint discomfort, looking to enhance skin hydration, or those seeking an overall anti-aging supplement.

Composition (Per Softgel):

- **Rose Hip Extract: 250 mg**
- **Collagen Peptide Type-2: 40 mg**
- **Sodium Hyaluronate: 30 mg**
- **Vitamin C (Ascorbic Acid): 35 mg**
- **Chondroitin Sulfate: 200 mg**

Indications:

1. Joint Health & Mobility:

- Helps maintain the structure and function of joints by supporting cartilage regeneration and reducing inflammation.
- Particularly beneficial for individuals with osteoarthritis, rheumatoid arthritis, or general joint pain.

2. Skin Health & Hydration:

- Vitamin C, Rose Hip Extract, and Sodium Hyaluronate contribute to improved skin elasticity, reduced wrinkles, and better hydration.
- Supports collagen synthesis for healthier, more youthful-looking skin.

3. Anti-Aging:

- The combination of Collagen Peptide Type-2, Sodium Hyaluronate, and Vitamin C helps combat signs of aging by improving skin texture and reducing the appearance of fine lines.

4. Cartilage Support:

- Chondroitin Sulfate and Collagen Peptide Type-2 provide critical nutrients for the regeneration and maintenance of healthy cartilage in the joints.

5. Overall Connective Tissue Health:

- The blend of these ingredients supports the overall health and elasticity of connective tissues, including ligaments, tendons, and skin.
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Dosage and Administration:

- **Adults:**
 - Take 1 Softgel once or twice daily, preferably with meals, or as directed by a healthcare provider.
 - **Children:**
 - Not recommended for children unless prescribed by a healthcare provider.
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Mechanism of Action:

- 1. Rose Hip Extract (Rosa Canina):**
 - Known for its high antioxidant content, Rose Hip Extract supports joint health by reducing inflammation and providing pain relief. It also contributes to the synthesis of collagen, essential for skin and cartilage integrity.
- 2. Collagen Peptide Type-2:**
 - Provides bioactive Type-II Collagen, which is the primary collagen found in cartilage, to help reduce joint pain, inflammation, and improve mobility.
 - It promotes the repair of damaged cartilage, aiding in joint health.
- 3. Sodium Hyaluronate (Hyaluronic Acid):**

- A natural substance found in connective tissues, it supports joint lubrication, enhances skin hydration, and contributes to cartilage health by promoting fluid retention in joints and tissues.
- It also aids in reducing joint stiffness and discomfort.

4. Vitamin C:

- Essential for collagen synthesis, Vitamin C helps maintain the structural integrity of skin, cartilage, and other connective tissues. It also acts as a powerful antioxidant, protecting cells from oxidative damage and supporting the immune system.

5. Chondroitin Sulfate:

- A major component of cartilage, Chondroitin helps maintain its strength and elasticity. It supports joint function by inhibiting enzymes that break down cartilage and encourages the production of new cartilage cells.
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Contraindications:

- **Allergic Reaction:**
 - Contraindicated in individuals with known allergies to rose hips, collagen, shellfish (due to the presence of Chondroitin), or any of the ingredients in the formulation.
- **Pregnancy and Breastfeeding:**
 - Consult with a healthcare provider before using this product if pregnant or breastfeeding, as the safety

during these periods has not been well-studied.

- **Individuals with Bleeding Disorders:**
 - Individuals on anticoagulant therapy or with bleeding disorders should consult a healthcare provider before using this supplement, as Chondroitin and Vitamin C can affect clotting mechanisms.
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Warnings and Precautions:

1. **Pre-existing Medical Conditions:**
 - If you have a history of joint disorders, skin conditions, or any underlying health issues, consult a healthcare provider before starting this supplement.
 2. **Surgery:**
 - Due to its effects on collagen synthesis and joint health, consult a healthcare provider if you are scheduled for surgery, particularly if it involves joint or skin-related procedures.
 3. **Monitor for Allergic Reactions:**
 - If you experience symptoms such as rash, itching, or swelling, discontinue use and seek medical attention.
 4. **Diabetic Considerations:**
 - Chondroitin and Rose Hip Extract may have mild blood sugar-lowering effects; diabetics should monitor their blood sugar levels when using this supplement.
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Adverse Effects:

- **Common Side Effects:**
 - Mild gastrointestinal discomfort such as bloating, gas, or upset stomach.
 - Headache or dizziness.
 - **Rare or Serious Side Effects:**
 - Allergic reactions (rash, itching, swelling).
 - Unusual bleeding or bruising (due to the effects of Vitamin C and Chondroitin).
 - Joint pain worsening or swelling (if the body is sensitive to the ingredients).
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Drug Interactions:

- **Anticoagulants/Antiplatelet Medications:**
 - Vitamin C and Chondroitin may interact with blood-thinning medications such as warfarin or aspirin, increasing the risk of bleeding.
 - **Immunosuppressants:**
 - Collagen and Chondroitin may affect immune function, so caution is advised if taking immunosuppressive drugs.
 - **Diabetes Medications:**
 - As Rose Hip Extract may have mild blood sugar-lowering effects, it is important to monitor blood glucose levels for those on diabetic medications.
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Storage Instructions:

- Store in a cool, dry place at room temperature (15–30°C).

- **Keep the container tightly closed and out of reach of children.**
 - **Avoid exposure to moisture and direct sunlight.**
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Key Points for Use:

- **Rose Hip Extract + Collagen Peptide Type-2 + Sodium Hyaluronate + Vitamin C + Chondroitin Softgel is ideal for those seeking joint support, improved skin hydration, and connective tissue health.**
- **Regular use can provide relief from joint pain, reduce signs of aging, and improve overall joint flexibility.**
- **Always follow the recommended dosage and consult with a healthcare provider if you have underlying health conditions or are taking other medications.**

Note: This product is meant to support joint health and skin health; it is not intended to cure or treat serious medical conditions such as osteoarthritis or severe joint degeneration. Always consult with a healthcare provider for a comprehensive treatment plan.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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